## Radiogram 7274nu Form 24 for 01/21/04 (Updated) Stowage of discarded equipment in Progress 248. TV greeting.

GMT	CREW	ACTIVITY
06:00-06:10		Morning inspection
06:10-06:40		Post-sleep
06:40-07:30	CDR	BREAKFAST
06:40-06:55	FE1	HEMATOCRIT. Determination of Hematocrit number
06:55-07:40		SPRUT. Study of human body liquids state. <i>Tag up with specialists (S-band)</i>
07:30-08:00	CDR	Prep for work
07:40-08:00	FE1	BREAKFAST
08:00-08:15		Daily planning conference (S-band)
08:15-10:00	CDR	USOS equipment prep for disposal in Progress
08:15-08:45	- FE1	BREAKFAST
08:45-09:15		Nitrogen purge of Elektron-VM hydrogen line
09:20-10:00		Control of environment microecosphere (medium 2)
10:00-10:15		Regeneration of БМП cartridge #2 (end)
10:00-11:00	CDR	Physical Exercise (CEVIS)
10:15-11:45	FE1	Physical Exercise (TVIS) day 1
11:00-12:15	CDR	Physical Exercise (RED)
11:45-12:15	FE1	Interaction: data collection
12:15-13:15		LUNCH
13:15-14:00	FE1	Stowage of equipment in Progress 248 for disposal (with IMS support)
13:15-14:00	CDR	USOS equipment prep for disposal in Progress
14:00-14:30		TV greeting: opening of all-Russian XXXII COSMOS contest (To=14.03, T1, T2, T3 based on automated daily timeline- CΠΠ)
14:30-17:00	CDR	USOS equipment prep for disposal in Progress
14:30-16:45	FE1	Stowage of equipment in Progress 248 for disposal (with IMS support)
16:45-17:00		СОЖ maintenance. ИП-1 air flow sensor installation check
17:00-17:40	CDR	Interaction: data collection and backup
17:15-17:35	FE1	IMS file prep
17:35-18:35		Physical Exercise (VELO + Force Loader/cycle 1) day 1
17:40-17:45	CDR	7S stage payload status check (Increment 8)
17:45-18:10		PHS equipment set up
18:10-18:40		Doily plan roview
18:35-18:40	FE1	Daily plan review
18:40-18:55		Daily planning conference (S-band)
18:55-19:00	FE1	Daily plan review
19:00-19:30		Prep for work
19:30-20:00		Daily food prep
20:00-20:30		DINNER
20:30-21:30		Pre-sleep
21:30-06:00		SLEEP
Task List	FE1	Equipment search

**Note:** See OSTP for references to US activities End of radiogram